



*General Liability Release and Consent Form for Unconditional Wellness and Athletic Therapy (UWAT)*

By signing below, you agree to the following:

- 1) I give my permission to receive massage therapy.
- 2) I understand that therapeutic massage is not a substitute for traditional medical treatment or medications.
- 3) I understand that the massage therapist does not diagnose illnesses or injuries, or prescribe medications.
- 4) I have clearance from my physician/health care provider to receive massage therapy.
- 5) I understand the risks associated and precautions with massage therapy include, but are not limited to:
  - Superficial bruising
  - Short-term muscle soreness, which may be helped by staying hydrated
  - Exacerbation of undiscovered injury
  - Cupping may lead to discoloration that may last for 1-3 weeks, and that hot tubs and prolonged hot showers must be avoided for at least 24 hours
  - Gua Sha may lead to irritated skin and hot showers or shaving may exacerbate the irritation

In exchange for receiving services from Unconditional Wellness and Athletic Therapy LLC (herein known as UWAT), I, for myself and on behalf of my heirs, executors, administrators, and personal representatives hereby waive, release, discharge, and hold harmless Unconditional Wellness and Athletic Therapy, LLC, it's members, offices, employees, and agents from any and all liability for any and all injuries, including death, damages, or claims relating to or resulting from my receipt of services now, or in the future, foreseen or unforeseen. Further, I will indemnify and hold Unconditional Wellness and Athletic Therapy LLC, it's members, offices, agents, and employees harmless from and against any and all claims, rights, damages, liabilities, losses, cost, and expenses (including reasonable attorneys' fees) arising from, or in connection with any injuries to other persons or damage to property caused by or attributed to me.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
UWAT Employee Signature

\_\_\_\_\_  
Date